

LIPOTROPIC SHOTS

REACH YOUR IDEAL WEIGHT GOAL FASTER

\$25
1 Shot

\$75
4 Shots



BENEFITS

- Speeds up Metabolism
- Decreases fat deposits
- Effectively reduces appetite
- Increases natural fat burning processes

LIPO INJECTIONS INCLUDE THE FOLLOWING
NATURALLY OCCURRING VITAMINS,
AMINO ACIDS AND MINERALS:

- Methionine
- Inositol
- Choline
- L'Carnitine –
- Vitamin B-6 (Pyridoxine)
- Vitamin B-12

VITAMIN B12 SHOTS

ENERGIZE YOURSELF

\$20
1 Shot

\$75
5 Shots



BENEFITS

- Energy and Balance | Better Mood
- Deeper Sleep | Mental Clarity | Weight Loss

VITAMIN B12 DEFICIENCY SYMPTOMS

- Low energy and weakness
- Confusion or "fuzziness"
- Persistent sleep problems
- Digestive problems
- Hearing and vision loss
- Irritability and mood swings
- Dizziness or lightheadedness
- Weak immunity
- Tingling in the extremities
- Memory problems

A 2008 study from the University of Oxford found that vitamin B12-deficient older adults are six times more likely to develop brain shrinkage, a main cause of dementia and Alzheimer's disease.

General Information about Lipo-B Injections

Lipo-B is an injection of vitamins, minerals and amino acids that are essential for your health and health of your liver. Your liver is the organ responsible for removing fat and toxins from your body, so if it is healthier, it will work better for you. Lipo-B injection ensures your body receives all necessary nutrients to keep you at your energetic best. Many of these nutrients are not absorbable by mouth and need to be taken by injection. Injections are safe, effective and an easy way to keep your body well-balanced. Lipotropic injections help increase your energy as well as contribute to the success of your weight loss plan.

Lipo injections include the following naturally occurring vitamins, amino acids and minerals:

- **Methionine** – An antioxidant amino acid that neutralizes free radicals. It aids in breaking down fat, removing heavy metals from the body, and helps with digestion. It is one of the important amino acids that increase energy and lean muscle mass.
- **Inositol** – A vitamin that is vital for metabolism of fat and cholesterol. It prevents hardening of the arteries; it has also been shown to help in the treatment of depression and anxiety.
- **Choline** – Plays a major role in cardiovascular health, in addition to minimizing excess fat in the liver through its fat and cholesterol metabolic properties. It aids in hormone production.
- **L'Carnitine** – It burns fat, reduces fatigue and suppresses appetite. It also helps in controlling hypoglycemia and thereby it benefits diabetic patients.
- **Vitamin B-6** (Pyridoxine): B-6 is essential for healthy iron levels in anemic individuals, helps women maintain a normal hormone balance and increases melatonin production for better sleep.
- **Vitamin B-12**: is essential in the formation of new healthy cells in the body. It also boosts energy, helping to increase activity levels. B-12 increases energy, improves concentration and memory and patients feel better and with an increased gain to the potential to burn more calories.

General information about Vitamin B12

Vitamin B12 is a water-soluble vitamin needed for normal cell activity. It is a part of a group of cobalt containing B complex vitamins, which are also known as cobalamins. Like other B vitamins, vitamin B12 is important for metabolism. It also helps in the formation of red blood cells and in maintaining the central nervous system. B12 is given for pernicious anemia.

Vitamin B12 is found in most foods which come from animal products including liver, fish, shell fish, meat and dairy products. Vitamin B12 is used as supplement for **vegetarians and vegans** due to a diet low in B12.

As the body ages, it is less able to absorb B12 from food and oral supplements, and Vitamin B12 deficiency can develop. The older you are the more prone you are to have a Vitamin B12 deficiency.

The main activity of vitamin B12 in the body is to help maintain proper function of the nervous system, including the brain.

- It has the potential to give support to the metabolism system, which comprises digestion, respiration, energy production etc. Vitamin B12 may help increase metabolism and **possibly help with weight loss.**
- **It has also been recommended as an energy enhancer.**
- **Vitamin B12 can help to reduce homocysteine levels**, which, in turn lowers the chances of heart ailments and strokes. If you have tested positive for the MTHFR gene mutation (ask us), B12 may benefit you
- Vitamin B12 may help to **improve sleep** and boost the immune system and **reduce allergy symptoms.**
- Vitamin B12 is an excellent supplement for **neurological disorders** and can support **cognitive function.**
- Vitamin B12 can assist in supporting your emotional & mental stability; can help in reducing depression and can help improve moods. **It is best to take B12 on a regular schedule or regular intervals to maintain optimal effectiveness.**

Many conditions can be caused by Vitamin B12 Deficiency including:

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|-----------------------|-------------------|
| • Fatigue | • Muscle Weakness |
| • Shortness of Breath | • Unsteady Gait |
| • Ataxia | • Dizziness |
| • Visual Problems | • Numbness |
| • Heart Palpitations | • Bleeding Gums |
| • Mouth Sores | • Nausea |
| • Poor Appetite | • Diarrhea |
| • Memory Loss | • Psychoses |
| • Pernicious Anemia | • Incontinence |
| • Dementia | • Hypotension |
| • Confusion | • |