

"Your success with consistently reliable lab tests since 1978...guaranteed!"

Specific combinations of symptoms may be an indicator that additional tests are required in order to rule out underlying chronic health conditions.

Condition-Specific Symptoms associated with food allergies, Candida, Gliadin and IgE

Assays

Food Allergy IgG: 77/87 symptoms listed below indicate a delayed food allergy*

IgE: 23/87 symptoms listed below indicate an immediate reaction to foods and/or airborne allergens**

Candida: 12/35 Candida symptoms listed below are common to both Food Allergy/IgG and Gliadin***

Gliadin: 12/17 symptoms of Gliadin are common to Food Allergy IgG and Candida****

Food Allergy/IgG ●

Total IgE ◆

Candida ▲

Anti-Gliadin ■

Digestive Tract

Belching	● ▲
Bloated feeling	● ▲ ■
Constipation	● ▲ ■
Diarrhea	● ▲ ■ ◆
Nausea	◆
Passing gas	● ▲ ■
Stomach pains	● ▲ ■
Vomiting	◆

Ears

Drainage from ear	●
Ear aches	●
Ear infections	●
Hearing loss	●
Itchy ears	● ◆
Ringin in ears	●

Emotions

Aggressiveness	●
Anxiety, fear	● ▲
Depression	● ▲ ■
Irritability, anger	● ▲ ■
Mood swings	● ▲
Nervousness	● ▲

Energy & Activity

Apathy	● ▲
Fatigue	● ▲ ■
Hyperactivity	● ▲
Lethargy	● ▲ ■
Restlessness	● ▲
Sluggishness	●

Eyes

Blurred vision	●
Dark circles	●
Itchy eyes	● ◆

Sticky eyelids	●
Swollen eyelids	●
Watery eyes	● ◆

Head

Dizziness	● ◆
Faintness	●
Headaches	● ■ ◆
Insomnia	● ◆
Lightheadedness	● ◆

Joint & Muscles

Aches in muscles	● ▲ ■
Arthritis	● ▲
Feeling of weakness	● ▲
Limited movement	● ▲
Pain in joints	● ▲ ■
Stiffness	● ▲

Lungs

Asthma, bronchitis	●
Chest congestion	●
Difficulty breathing	●
Shortness of breath	●
Wheezing	● ◆

Mind

Confusion	● ▲
Learning disabilities	● ▲
Poor concentration	● ▲
Poor memory	● ▲
Stuttering/stammering	● ▲

Mouth & Throat

Canker sores	● ■
Chronic coughing	● ◆
Gagging	●
Laryngeal edema	● ◆
Often clear throat	●

Sore throat	●
Swollen tongue/lips/gums	● ■

Nose

Excessive mucous	● ◆
Hay fever	● ◆
Sinus problems	●
Sneezing attacks	● ◆
Stuffy nose	● ◆

Skin

Acne	●
Angioedema	◆
Dermatitis	◆
Eczema	◆
Excessive sweating	●
Flushing/hot flashes	●
Hair loss	●
Hives, rashes	● ■ ◆
Itching	◆

Weight

Binge eating	● ▲
Compulsive eating	● ▲
Cravings	● ▲
Excessive weight	● ▲ ■
Underweight	● ■
Water retention	● ▲

Other

Anaphylactic reactions	◆
Chest pains	●
Frequent illness	● ▲
Genital itch	● ▲
Irregular heartbeat	●
Rapid heartbeat	●
Urgent urination	● ▲

*See *Immuno Health Guide*, **See *IgE Advantage* brochure, ***See *Is This The Answer To Your Health Problems?* brochure, ****See *Anti-Gliadin Antibody Assay* brochure